## Philippians Class Lesson 11 Philippians 4:8-13

1. Why do you consider your thoughts so important when it comes to following Christ?

2. Is there any *significance* regarding the qualities Paul chose for evaluating and ordering your thoughts?

3. What conclusions should be drawn from Paul's teaching regarding *thinking* in verse 8 and about *doing* in verse 9?

4. When your thinking is spiritually sound does it follow that your circumstances will stop stealing your joy?

5. How can Paul state in verse 11, given that he is in prison, that he is "not saying this because I am in need?"

6. What thought strengthened Paul and enabled him to be content during this difficult circumstance and his other times of want?

7. What are some of our most destructive thought patterns?

8. Do you work at controlling untrue and unhealthy thoughts – how disciplined is your mind?

9. What "plan of action" have you developed to dwell on just those thoughts that are true, noble, right, pure lovely and admirable?

10. Would you be confident telling a younger Christian what Paul told the Philippians in verse 9?

11. Are you a content person? In what ways are we depending on Jesus for our strength?